



Weekly Memo

Monday September 15th – Friday September 19th

<i>Mon, Sept 15</i>	Welcome back!
<i>Tues, Sept 16</i>	Cross Country Team sign up/meeting/rules
<i>Wed, Sept 17</i>	PAC meeting 6PM - room 1001
<i>Thurs, Sept 18</i>	Cross Country Team sign up/meeting/rules
<i>Fri, Sept 19</i>	Terry Fox Assembly

Important Upcoming Dates – Please mark your calendars

Sept 24	Open House/Meet the teacher-after school Ecole Hammond Bay is opening the doors to all parents and caregivers starting at 2:30pm and ending at 4pm.
Sept 25	Terry Fox Run – more details to come soon
Sept 30	School Closed - National Day for Truth & Reconciliation
Oct 8	Individual School Picture Day (Begins at 8:45am)
Oct 14	School Closed – Thanksgiving
Oct 20-23	Early Dismissal at 1:18pm (Formative Assessment Conferences)
Oct 24	School closed Pro-D Day – All B.C. Districts

Open House/Meet the Teacher

On Wednesday, September 24th, we are opening our doors from 2:30 –4:00 pm for those parents and guardians who would like to come in and meet your child(ren)'s teacher. You are also invited to visit with and learn about the PAC in the gym during this time. Please wait outside until teacher's open door to welcomes you in. We look forward to seeing you there. Please note that if you can not make the open house, you can still arrange to meet the teacher by emailing them directly and setting up a meeting time.

School Supply Fees

All families should have received an email regarding School Supply and Agenda Fees via our online payment system, [SchoolCashOnline](#).

If you have any questions, please contact info.hb@sd68.bc.ca.

Terry Fox Run

This year marks the 45th Anniversary of Terry Fox's Marathon of Hope. Terry's incredible journey is an important part of Canadian history and a story that continues to inspire us all. Each year, schools across the country join together in the Terry Fox National School Run Day.

Nanaimo-Ladysmith Public Schools will celebrate with a special three-day event that will connect all of our school communities in honour of Terry's memory and legacy. Each elementary school will form a relay team 5 runners and one staff member who will carry the Terry Fox flag from their school to a neighbouring school. Students and staff will gather to cheer on the arriving runners and then send off their own team as the flag continues its journey. This meaningful "flag hand-off" will lead into each school's own Terry Fox Run. As we can only have 5 runners, the offer went out to our grade 7 students who were asked to submit a paper or a video to explain why they would like to be chosen to run. All submissions by grade 7 students were due in today and the chosen students will be notified next week. (If we have more than 5 students who submitted an entry, it will go to a random draw). This is the most equitable way we could think of choosing the 5 runners. We thank everyone who wanted to run.

The District wide event will take place from **Tuesday, September 23 to Thursday, September 25**. Our school's participation is scheduled for **Thursday September 25th** with details about our timing and route to follow soon.

We will also be fundraising for the Terry Fox Foundation, and we have a goal of each student bringing in a *Toonie for Terry* for the Terry Fox Foundation.

This year's tag line is FINISH IT!

Parent Corner

Nanaimo Child Development Centre hosts Knowledge Sessions (for parents). See link for the September calendar, <https://nanaimocdc.com/calendar/>

Sports & Clubs

Cross-Country Running (grades 2-7)

This year the cross-country team is open to students in Grades 2-7 who have a passion for longer distance running. Distance for grades 2/3 is 1.5 km, grades 4/5 2km and 6/7 2.5km. Students will be training on Tuesdays & Thursdays at long recess in preparation for the Zone Meet on October 28th. Attending practice and fully committing to running is mandatory to be on the team. Please come prepared with running shoes and a water bottle. A consent form will come home for those who wish to attend the meet at the Rotary Bowl closer to the date for this meet.

Message from PAC

We are looking forward to another year at Ecole Hammond Bay! The PAC is having our first meeting next Wednesday, September 17, at 6pm, here at the school in room 1001, as well as on Microsoft Teams (link to meeting and agenda below). Please come and join in the way that suits you and your family best. Get to know the people behind the PAC, what we do, and how you can participate, whether it is in a leadership role or as a quiet helper. PAC is about more than fundraising - it is also about forming a community to help our kids thrive. This week we will go over the budget that we will vote on during our October meeting, as well as talk about the many events that will be coming up during this half of the year. We look forward to seeing you there!

Agenda: <https://tinyurl.com/4n8mmyyi>

Meeting: <https://teams.live.com/join/9370841664350?p=TbCFzZ431jt4PV6duF>

UNDERSTANDING DTC AND RDSP

A free virtual information session for parents and caregivers

 September 22, 2025

 6-7:30 PM

REGISTER NOW VIA QR CODE

NCDC Virtual Parent Information Session - Understanding DTC and RDSP with Audrey from DABC



Join us on zoom where Audrey from Disability Alliance BC will be presenting on the Disability Tax Credit (DTC) and Registered Disability Savings Plan (RDSP). She will be covering eligibility, how the programs work, and how to access support with the application process.

 For more information contact Sarah at Sarah@nanaimocdc.com



What is happening at Ecole Hammond Bay:

